

CHESAPEAKE CURRENT

THE OFFICIAL MONTHLY NEWSLETTER

UPCOMING CHAPTER MEETING

On March 3, 2011 we will be meeting at the Employee Assistance Services (EAS) in Hanover, Maryland. Networking and registration will begin at 8:30 am and the meeting will start immediately at 8:45 a.m. The theme of the meeting will be: **The Chesapeake Chapter at 30 Years: Where We Have Been & Where We Are Going?**. The featured speakers will be Mickey Gomez, Jim Quinn, Paul Clavelle, Jim O'hair, Mike Parrish, Janice Zimmerman, Amanda Rutowski, and Robert Sears.

The objectives of this meeting are three fold: 1. It is designed to provide members with detailed information on the daily operations and future initiatives of the Chesapeake EAPA Chapter; 2. It will offer members detailed information on upcoming officer vacancy positions and future events such as the EAPA District 1 Leadership Summit, and ; 3. It will provide the current members a platform for making suggestions on ways to enhance the Chesapeake EAPA Chapter.

The meeting will be an exciting fun filled event and will be free for all who attend . CEU's and PDH's will not be offered.

Refreshments will be Provided by the Chesapeake EAPA Chapter

Address:

7272 Park Circle Drive, room 150, Hanover, Maryland 21076

******PLEASE REPORT TO THE TRAINING ROOM DIRECTLY
LOCATED IN THE LOBBY
OF MAIN ENTRANCE FOR THE MEETING *******

Directions:

Please see page 2 of this newsletter for directions to the meeting location. Thank you

2011 March



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GENERAL MEETING INFORMATION

Meeting Times:

Meetings are always the first Thursday of each month. At all of our monthly chapter meetings registration and networking will begin at **8:30 a.m.** and the meeting will begin promptly at **8:45 a.m.** The session will be over at noon.

Meeting Location (Unless Otherwise Notified):

Employee Assistance Services (EAS)
7272 Park Circle Drive, Room 150, Hanover, MD, 21076

*****PLEASE REPORT TO THE TRAINING ROOM DIRECTLY IN FRONT OF MAIN ENTRANCE FOR THE MEETING*****

Directions:

From Baltimore Area:

Take 295 South and follow for about 10 or so miles. Merge onto MD-100 W toward ELLICOTT CITY. Take the COCA-COLA DR exit-EXIT 8. Turn RIGHT onto COCA-COLA DR. Turn RIGHT onto PARK CIRCLE DR. End at 7272 Park Circle Dr. Hanover, MD 21076

From North of Baltimore:

Take I-695 S toward GLEN BURNIE. Merge onto I-95 S via EXIT 11B toward WASHINGTON. Merge onto MD-100 E via EXIT 43A toward GLEN BURNIE. Take the COCA-COLA DR exit-EXIT 8-toward PARK CIRCLE DR. Turn LEFT onto COCA-COLA DR. Turn RIGHT onto PARK CIRCLE DR. End at 7272 Park Circle Dr.

Pricing for Meetings:

March 3, 2011 Meeting Will Be Free to Everyone

EAPA Chesapeake Chapter non-members but member of EAPA and another chapter:

Guest Can Receive 1 Free Admission If Accompanied by a Current Member
EAPA non-Members && AND Visiting EAPA Members: **\$25**

Please keep in mind that our *meetings are now three hours long, and we will be providing three CEUs and PDHs at the end of each meeting.* If you need to leave the meeting early, please sit in the back of the room, and be aware that we cannot provide you with an Attendance Certificate if you do not attend the entire meeting. If you have any Programming ideas or would like to present at an upcoming meeting, call Larry Mason at 410-368-6252 or send an Email to LarryMason@csx.com.

For Chapter Member Status one must be listed on current membership roll or on the sign in sheet at the door. Members will be reimbursed after they show receipt from EAPA that they joined at time of meeting. If member is from another chapter they are still required to pay the \$25 fee.

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INTERESTED IN BECOMING MORE INVOLVED IN THE CHAPTER?

If anyone is interested in becoming involved with the Chapter please email the Chesapeake Chapter at epachesapeake@hotmail.com with remarks on your interests (may include programming, website, newsletter, or marketing). We will also be exploring re-examining our Committees, with the goal of creating or modifying our present ones to meet the current and future needs of the chapter.

IN THE SPOTLIGHT– YOU COULD BE NEXT

Interested in marketing your agency or practice to the EPA community?? Then our program, “In the Spotlight”, is the perfect opportunity!

Simply purchase a breakfast (i.e. bagels, donuts, and coffee) and the first fifteen minutes of the meeting belong to you!

Call or write Bob Sears at (800) 662-2438 or rsears@crhealth.com to schedule your date.

CHESAPEAKE CHAPTER WEBSITE & EMAIL ADDRESS

The Chesapeake Chapter’s website at www.eapa-chesapeake.org is currently available for your use! Please take a look for our up-to-date EAPA news!

If you would like to contribute information to our website, please send your pictures, thoughts, job opportunities, FYI’s, etc. to EAPACHesapeake@hotmail.com.

In addition, if you have a question or comment that you would like to share with the EAPA Chesapeake Chapter Officers, please send an email to our email address: EAPACHesapeake@hotmail.com.

2009-2011 CHAPTER OFFICERS & COMMITTEE CHAIRS

Chapter Officers

President	Tom Murphy	(410)309-2745	tommurphy@spenserandassociates.com
Vice President	Larry Mason	(410)368-6252	Larry_Mason@csx.com
Correspondent Secretary	Candice Dickens	(410)-744-4204	candicerichard@msn.com
Treasurer	Ayrol Young	(443) 758-7228	Ayrol.Young@gmail.com

Committee Chair

Training/Education Sponsor Spotlight	Larry Mason Rob Sears	(410) 368-6252 (410) 547-8500 x532	larry_mason@csx.com rsears@crhealth.com
Student Committee	Amanda Rutkowski		arutkool@umaryland.edu
Tuerk Conference	James O'Hair	(410)765-2768	JamesO'hair@ngc.com

UPCOMING CHESEPEAKE CHAPTER EVENTS

DATES

TOPICS

April 7, 2011	Research, Education & The Field Experience: Foundations for the EAP
May 2011	NO Meeting due to Tuerk Conference
June 2, 2011	Elevating Ethical Awareness

MEMBERS IN THE NEWS

By: Amanda Rutkowski

Mr. Rob White has a Masters in Psychology, is a Licensed Clinical Professional Counselor (LCPC) and Certified Addiction Counselor. In 1980, Rob got his start in the Addictions Treatment and EAP fields after becoming sober himself. With a few years of addictions work under his belt, Mr. White took a position with the Medical Society Physician Rehab Program where he worked for 3 years before moving to University of Maryland Medical System EAP. At the start of his career at UMMS, Rob covered 4,000 employees. As the program grew to cover UMMS, UPI, UMB, BWMC, the Horseman's Association (Pimlico and Laurel Race tracks) and the Orioles, more employees were needed to provide services.

Currently, Rob is the Director of Behavioral Health in the Department of Psychiatry. In this position, Rob spends equal time on EAP work and other business of the Department. The Department of Psychiatry offers "Telemental Health" services, which provides psychiatric services to clients in rural areas via videoing conferencing. In addition, Rob has a private practice, which is limited to professionals. Mr. White holds a group for nurses and physicians on Tuesday nights and participates in the Dentist Well Being Committee on Wednesday evenings. Mr. White is currently working on the Tuerk Conference brochure (5/10/11) and flyer for the Professionals Gratitude Dinner (3/17/11) in conjunction with NCADD-MD.

When asked what his favorite thing about EAP is Mr. White stated that it "It helps so many people so easily. No cost, no diagnosis, no billing. No fuss, no muss. Just easy access to trained professionals."



16th Annual EAPA Regional Spring Conference

Evolution in the New Decade: Is This the New Normal?

Wednesday, April 20 – Friday, April 22, 2011

Virginia Crossings Resort, Glen Allen, Virginia

[Conference Agenda At-A-Glance](#)

Wednesday, April 20, 2011

CEU/PDH

1:15 – 3:15

Implementing Alcohol Screening and

Brief Interventions in your EAP

2.0

[Eric Goplerud, Ph.D. and Tracy L. McPherson, Ph.D.](#)

3:30 - 5:00

Linking, Tweeting & Blogging: How Social Media

1.5

& The Internet can enhance your Practice

[Kelly Gallagher, MEd, CEAP](#)

[EAPA District I Director](#)

Thursday, April 21, 2011

9:00 – 10:30	Consulting to the Employer: A Model for Crisis Management Leadership	1.5
	Jeff Gorter, MSW	
10:45 – 12:15	EAP as Coach and Consultant	1.5
	Tom Murphy, MS,LMHC,NCC,CEAP	
1:15 - 2:45	Changing Roles – Balancing Aging & Eldercare	1.5
	Karen Piersa, BS	
	Executive Director, WorkLife Services - EmployeeCare	
3:00 – 5:00	Substances of Abuse and the Progression of Abuse	2.0
	Paul Brasler, LCSW	

Friday, April 22, 2011

9:00 – 10:30	Psychological Assessment's for the Public Safety Community	1.5
	Dr. Jack Leeb	
10:45 – 12:15	Take Care of Yourself First: Using Music for Self Care	
	Meghan Martin Cummings, MA in Music Therapy	1.5
	TOTALCEU/PDH:	13.0

Professionals Gratitude Dinner
Celebrating Recovery on St. Patrick's Day
Thursday, March 17, 2011
Speaker: Karen G.

Purpose

- To build a sense of community for recovering professionals and their families.
- To increase awareness of well-being committees and assistance programs.
- Professionals include: Dentists, Physicians, Nurses, Social Workers, Pharmacists, Lawyers, Counselors, Psychologists, and others.
- Professionals, family members and friends are welcome to attend.

Featuring: Karen G, is a nurse from California that is in recovery for over 20 years from alcoholism and drug dependence. She is a very popular speaker at recovery meetings around the country.

Cost: \$50 each

Location: Columbia Doubletree
(formerly the Hilton)
5485 Twin Knolls Road
Columbia, Maryland

Program:

6:00 pm	Fellowship Hour
7:00 pm	Dinner
8:00 pm	Speaker

Presented By:

[Co-Sponsors](#)



❖ Dentist Well Being Committee



❖ University of MD Medical Center -
Professional Assistance Committee
(PAC)

2011 District Leadership Summit

Each spring, U. S. based chapter officers, potential officers, and other interested leaders join together to share best practices and set goals for the coming year. Make your hotel reservations today for your District Leadership Summit!

District 1 Leadership Summit

APRIL 18, 19, 20

Wyndham Virginia Crossings Hotel
Glen Allen, VA

Facilitated by District 1 Director,
Kelly Gallagher
kellyg377@gmail.com

Schedule:

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4/18 6:30PM Dinner

4/18 7:30 Introductions

4/19 Full-day Meeting

4/20 Morning Meeting

4/20 – 4/22 Regional Conference

District 1 Hotel Reservation Information - Call the hotel directly 804-727-1477

Group: EAPA District 1

Room block rate expires: April 11, 2011

Arrival date: April 18 - check-in time 4:00 PM

Departure date: April 20 - check-out time 12:00 PM

Complete meeting package: \$189/person/night plus

taxes (includes dinner 4/18,
breakfast, lunch dinner 4/19, Breakfast, lunch 4/20)
Guestroom rate 1 day prior & 1 day post meeting: \$159
plus taxes
Not staying at the hotel? Daily rate for meeting
participation \$80



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